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Camper Health History/Physical Exam Form

(NOT NEEDED FOR FAMILY CAMPS)

Fill in all requested information. Incomplete forms cannot be processed and will be returned. Forms are due two (2) weeks before your Child's session begins

Camper Name _____

Physical Examination - To be filled out by a licensed healthcare provider *New York State law requires a signed/dated physical exam, within the last 12 months and dates of most current boosters*

Immunization History - Must be completed with dates. Please record the date (month and year) of basic immunizations and most recent booster doses:

☐ DPT or DT ☐ Tuberculosis ☐ Other tetanus ☐ Hepatitis vaccination ☐ Chicken Pox Vaccine
☐ MMR ☐ Polio vaccine (most recent) ☐ Pneumonia vaccination ☐ Recent exposure to contagious disease ☐ Flu vaccine

General Condition or Appraisal

Birthdate _____	Nutrition _____	Allergy _____	Athlete's foot _____
Height _____	Nose _____	Foods _____	Impetigo _____
Weight _____	Throat-tonsils _____	Drugs _____	Infection _____
Posture & Spine _____	Lungs _____	Other _____	Pediculosis _____
Feet _____	Eyes _____	Abdomen _____	Current conditions (diabetic, seizures, etc.) _____
Teeth _____	Discharge _____	Genitals _____	_____
Blood pressure _____	Glasses _____	Hernia _____	_____
Heart murmur _____	Menstruation _____	Skin _____	_____
Ears _____	Urine _____	Scabies _____	_____

Standard Over the counter/PRN medications: (The following medications are available in the infirmary and will be administered at the discretion of an RN, if approval is indicated by the camper's healthcare provider)

Drug Name	Route (indicate formulation[s])	Dosage	Schedule & Indications	Healthcare Provider Initials	Comments
Sunburn Spray/Lotion/Aloe-Gel	Topical	To affected site	2-3 times daily (prn)		
Acetaminophen (Tylenol)	PO (chewable tabs, elixir, tabs)	Per label instr. by age/weight	Q 4 hr prn for pain or fever > _____ °F		
Ibuprofen (Motrin)	PO (chewable tabs, elixir, tabs)	Per label instr. by age/weight	Q 6 hr prn for pain or fever > _____ °F		
Diphenhydramine Hydrochloride (Benedryl)	PO (chewable tabs, elixir, tabs)	Per label instr. by age/weight	Q 6 hr prn for allergic reaction (hives, insect bite)		
Hydrocortisone Cream	Topical	Per label instr. by age/weight	prn		
Bismuth Subsalicylate (Pepto-Bismol)	PO (Liquid or chewable tabs)	Per label instr. by age/weight	Q 30 min to 1 hr prn for diarrhea (no > 8 doses/24 hr)		
Loperamide HCl (Immodium)	Tab or liquid	Per label instr. by age/weight (max of 8 mg/24 hr)	Per episode/ max 8 mg/24 hr		
Tums	Chewable tab	Per label instr. by age/weight	No > 10 tabs/24 hrs		
Throat Lozenges	Tab	1 Lozenge	No > 6/24 hr		
Epi Pen	Injectable	.3mg/child < 10 yrs Adult size > 10 yrs	As needed for anaphylaxis		

Prescription Medications (please complete with patient's current regimen for both scheduled and prn medications)

Drug	Route	Dosage	Schedule & Information	Comments

Additional Orders (as deemed necessary by healthcare provider to be implemented by an RN (i.e. peak flows, dressing changes, cast care, etc.)

I believe this child is able to attend camp and participate in all camp activities with the following restrictions and recommendations (attach specific instructions or medications, treatments and diet):

Provider's Name (print) _____
 Providers Signature _____
 Address: _____

License #: _____
 Date: _____
 Phone: _____

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Mail to: Camp Cherokee, c/o New York Conference of SDA, 4930 W. Seneca Tpk., Syracuse, NY 13215

Please Print (This side and top of back page to be filled in by **PARENT** before physical examination).

Camper Name _____ Birth date: _____ Age _____ Sex _____ Home Phone _____
Parent/Guardian _____ Home Address _____
Business Address _____ Business/Cell Phone _____
Other Parent/Guardian _____ Home Address: _____ Home Phone _____
Business Address _____ Business/Cell Phone _____
In the event of emergency, and parent or guardian cannot be reached, notify _____ Relationship to camper _____
Address _____ Home Phone _____ Business/Cell Phone _____

Note:

This person must be a relative over 18. If someone is not a relative, a "notarized statement" authorizing that person to approve medical treatment is necessary. In the event of an injury or illness that does not require removal to a hospital, parents shall not be notified unless medical personnel's concerns dictate. When injuries or illnesses require a trip to the hospital, either the RN accompanying the camper or the camp director will notify the parents.

Health History - To be completed by PARENT/GUARDIAN (give approximate date of illness or "no" if not applicable)

_____ frequent ear infections	_____ hypertension	_____ bleeding/clotting	<u>Allergies</u>		<u>Diseases</u>
_____ heart defect/disease	_____ psychiatric treatment	_____ bed wetting	_____ hay fever	_____ other	_____ chicken pox
_____ convulsions	_____ mononucleosis	_____ fainting	_____ plants	_____ insect stings	_____ measles
_____ diabetes	_____ sleep walking	_____ asthma	_____ food: _____		_____ German measles
					_____ mumps

Medication Allergies: _____
Current medication (send in original container with instructions): _____
Operations or serious injuries (dates): _____ Disability of chronic or recurring illness: _____
Dietary modifications: _____ Any specific activities limited: _____
Name of dentist/orthodontist: _____ Phone: _____
Name of family physician: _____ Phone: _____

Medical Insurance

Soc. Sec. No.	Policy Holder's Name	Name of insurance carrier and type of coverage	Policy No.	Group No.
Authorization for release for information to above named insurance carrier				
Signature _____ Date _____ Relationship to camper (parent, etc.) _____				
Address of Insurance Company _____				

Your personal medical policy is your child's primary coverage. All campers must have medical insurance to attend camp. All registered campers are covered by excess coverage accident insurance while at camp.

Important - This Box Must Be Completed For Attendance

This health history is correct so far as I know, and the person herein described has permission to engage in all prescribed camp activities, except as noted. Authorization for treatment: I hereby give permission to the medical personnel selected by the camp director to order x-rays, routine test, treatment and necessary transportation for my child. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp Director to secure and administer treatment, including hospitalization, for my child, as named above. The completed forms may be photocopied for trips out of camp.

Meningococcal Meningitis Vaccination Response

New York State Public Health Law requires the operator of an overnight children's camp to maintain a completed response for every camper who attends camp for seven (7) or more nights. Please check one box and sign below.

_____ My child has had the meningococcal meningitis immunization (Menomune™) within the past 10 years. Date received: _____
Note: The vaccine's protection lasts for approximately 3 to 5 years. Re-vaccination may be considered within 3-5 years)

_____ I have read, or have had explained to me, the information regarding meningococcal meningitis disease. I understand the risks of not receiving the vaccine. I have decided that my child will not obtain immunization against meningococcal meningitis disease.

Signature of parent or guardian _____

I also understand and agree to abide with the restrictions placed on my camp activities.

Signature of minor _____

Licensed physician to fill out back of this form



CAMP CHEROKEE

"Changing Lives – Making Memories"

Summer Camp:

433 Gilpin Bay
Saranac Lake, NY 12983
Phone: (518) 891-3520
Fax: (518) 891-2687

Syracuse Headquarters:

Phone: (315) 469-6921
Fax: (315) 469-6924



New York Conference
of Seventh-day Adventists
Youth Ministries

4930 W. Seneca Turnpike
Syracuse, N.Y. 13215

Dear Parent:

I am writing to inform you about meningococcal disease, a potentially fatal bacterial infection commonly referred to as meningococcal meningitis. New York State Public Health Law (NYS PHL) §2167 and Subpart 7-2 of the State Sanitary Code requires overnight children's camps to distribute information about meningococcal disease and vaccination to all campers who attend camp for 7 or more consecutive nights.

Camp Cherokee is required to maintain a record of the following for each camper:

- A response to receipt of meningococcal disease and vaccine information signed by the camper's parent or guardian; AND EITHER
- A record of meningococcal meningitis immunization OR
- An acknowledgement of meningococcal disease risks and refusal of meningococcal meningitis immunization signed by the camper's parent or guardian

Meningococcal disease is a serious bacterial illness. It is a leading cause of bacterial meningitis in children 2 through 18 years old in the United States. Meningitis is an infection of the covering of the brain and the spinal cord.

Meningococcal disease also causes blood infections.

About 1,00-1,200 people get meningococcal disease each year in the U.S. Even when they are treated with antibiotic, 10-15% of these people die. Of those who live, another 11-19% lose their arms or legs, have problems with their nervous systems, become deaf, or suffer seizures or strokes.

Anyone can get meningococcal disease. But it is most common in infants less than one year of age and people 16-21 years. Children with certain medical conditions, such as lack of a spleen, have an increased risk of getting meningococcal disease. College freshmen living in dorms are also at increased risk.

Meningococcal infections can be treated with drugs such as penicillin. Still, many people who get the disease die from it, and many others are affected for life. This is why preventing the disease through use of meningococcal vaccine is important for people at highest risk.

There are two kinds of meningococcal vaccine in the U.S.:

- Meningococcal conjugate vaccine (**MCV4**) is the preferred vaccine for people 55 years of age and younger. For example, 2 MCV4 vaccines are MenactraTM and MenveoTM.

The Centers for Disease Control and Prevention recommend two doses of MCV4 for all adolescents 11 through 18 years of age: the first dose at 11 or 12 years of age, with a booster dose at age 16. Adolescents in this age group with HIV infection should get three doses: 2 doses 2 months apart at 11 or 12 years, plus a booster at age 16.

If the first dose (or series) is given between 13 and 15 years of age, the booster should be given between 16 and 18. If the first dose (or series) is given after the 16th birthday, a booster is not needed.

- Meningococcal polysaccharide vaccine (**MPSV4**) has been available since the 1970s. It is the only meningococcal vaccine licensed for people older than 55. The trade name of MPSV4 is Menomune.

Both vaccines can prevent 4 types of meningococcal disease, including 2 of the 3 types most common in the United States and a type that causes epidemics in Africa. There are other types of meningococcal disease; the vaccines do not protect against these.

To learn more about meningitis and vaccine, please feel free to contact your child's physician. You can also find information about the disease at the website of the Center for Disease Control and prevention: www.cdc.gov/vaccines/vpd-vac/mening/default.htm.

Sincerely,

A handwritten signature in cursive script that reads "Dan Whitlow".

Dan Whitlow
Director